

# Vasamsi Jirnani

First – hand experience of “vasamsi jirnani”

vasansi jirnani yatha vihaya  
navani grihnati naro 'parani

This body is called a cloth “vasamsi jirnani yatha vihaya”.

Many years ago I had a small accident and had an injury on my head. I went to the hospital, so (taka) stitching, what you people call it? Stitching right? The doctor came with a needle and thread. At that time I realized, “vasamsi jirnani yatha vihaya” This body is like a cloth. When clothes are torn you stitch them. It's also said “stitch in time, saves the nine.”

If there is a small hole, it should be stitched quickly or it will increase. So the doctor came and he stitched the torn part. I was observing what all he was doing. Then I was convinced, first hand experience “vasamsi jirnani yatha vihaya.”